

Where
I Nurture
Self &
Nature
关爱自己
关爱自然

8LEMENTS
SPA

8LEMENTS SPA

Pronounce as '8-lements'
or simply as 'Elements'

'8' is inspired from our 8 pillars of wellbeing. It also resembles the infinity symbol and speaks of our belief that the wellbeing of self is interconnected the wellbeing of others and nature.

'Elements' reflect our commitment to provide essential and accessible wellbeing products and services.

Together 8LEMENTS is a salutogenic space where one can experience authentic and impactful therapies and practices - where I nurture self and Nature.

发音为“8要素”，或简称为“要素”。

“8”的灵感来源于我们的8大养修支柱。它也类似于无限符号，表达了我们的信念，即自我的幸福与自然万物的幸福是相辅相成的。

“要素”反映了我们的承诺，提供基础关键的健康养修服务。

8LEMENTS 共同构成一个有益健康原则的空间，在这里人们可以体验到真实而有影响力的疗法和实践——关爱自我和自然。

Treatments

Signature Body Massage 招牌按摩

- Tension Relief
舒缓压力
- Deep Stretch
深度拉伸

Full Body Massage 经典按摩

- Energy Flow
能量焕活
- Deep Bodyworks
深层身体按摩
- Soothing Touch
舒缓抚慰

On the Spot Massage 局部按摩

- Sole Focus
足部按摩
- Back Ease
背部舒缓

Facials 面部护理

- Face Basic
基础面护
- Soft Nourish
轻柔滋养
- Soothe Facial
敏感安抚护理

Body Scrubs 美体磨砂

- Deep Scrub
深层净化
- Gentle Cleanse
温和柔嫩
- Radiant Glow
光彩照人

Body Conditioner 美体裹肤

- Moisturizing Balm
滋养美肤
- Calming Toner
镇静舒缓
- Nourishing Treat
排毒净化

Baths 悠心泡浴

- Rejuvenating Soak
焕活泡浴
- Relaxing Bath
放松泡浴



Signature Body Massage 招牌按摩

Tension Relief 舒缓压力

Focus therapy on the neck,
back and shoulder.

针对于缓解长期肩背疲劳，肌肉酸痛，抚慰内心，
去除烦杂思绪。



60 / 90 Minutes | ¥680 / ¥880

DeepStretch 深度拉伸

Extended body stretch to bring
flexibility and mobility.

极致拉伸的手法，可以加强身体的灵活性，
缓解一天的疲劳。



60 / 90 Minutes | ¥680 / ¥880

Core Body Massages 必备身体按摩

Energy Flow 能量焕活

A soothing massage that calms the mind and relaxes body.

轻柔舒缓的手法进行按摩，给您带来舒缓身心的享受。

⌚ 60 / 90 Minutes | ¥680 / ¥880

Deep Bodyworks 深层身体按摩

A strong massage that works deep into The muscles.

一种力度强劲、能深入肌肉内部的按摩。

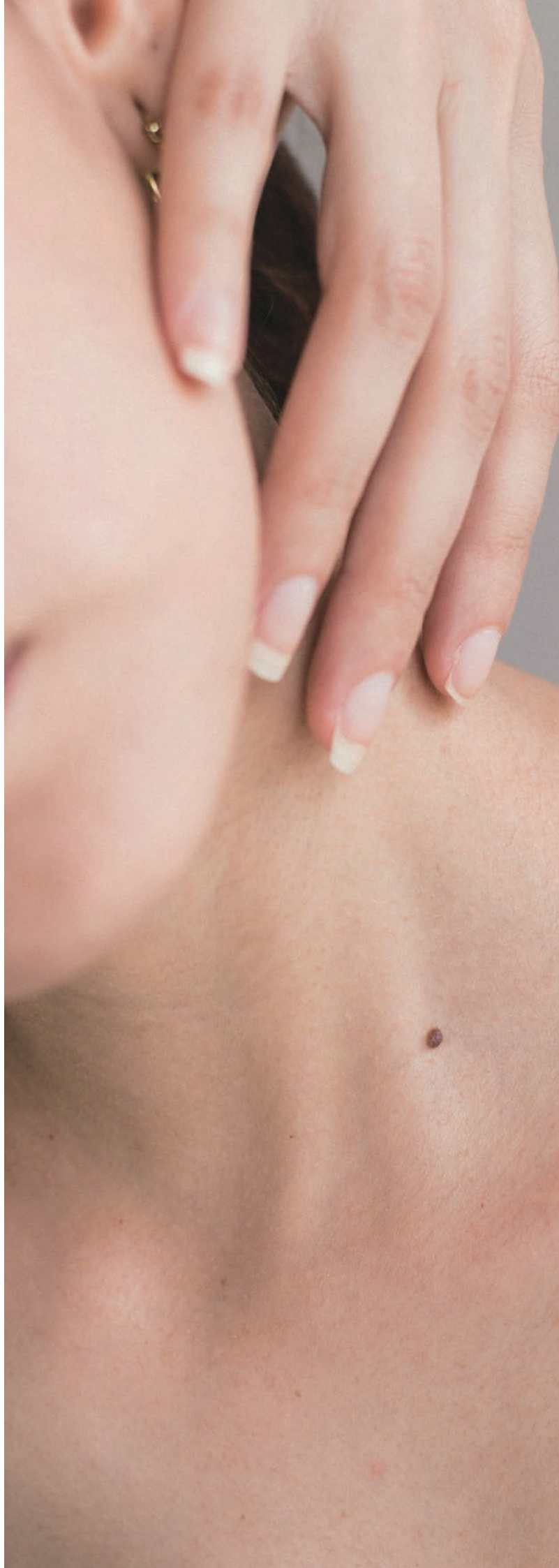
⌚ 60 / 90 Minutes | ¥680 / ¥880

Soothing Touch 舒缓抚慰

A light and comfortin massage designed for expectant mothers, children and elderly.

专门为孕妇、儿童和老人打造的专属轻柔而舒适的按摩护理。

⌚ 60 / 90 Minutes | ¥680 / ¥880





On The Spot Massage 局部按摩

Back Ease 背部舒缓

Focus massage that eases back muscle tension.
专注于背部舒缓按摩，缓解背部肌肉紧张和疲劳。

🕒 30 Minutes | ¥380

Sole focus 足部按摩

Foot massage to relieve tired sole.
针对于足部护理，给您放松疲惫的双足带来轻松。

🕒 30 / 60 Minutes | ¥380 / ¥580

Facial 面部

Face Basic 基础面护

An express facial that focus on the essentials.
着重于关键步骤的快速面部护理。

🕒 30 Minutes | ¥380

Soft Nourish 轻柔滋养

A treatment to rejuvenate dry and tired skin.
针对于缓解疲惫面部状态，补水滋养的面部护理。

🕒 60 Minutes | ¥580

Soothen Facial 敏感安抚

Soothing treatment for sensitive skin.
针对于敏感肌肤更温和舒适的专属面部护理。

🕒 60 Minutes | ¥580





Body Scrub

美体磨砂

Deep Scrub

深层净化

A detoxifying scrub that promote skin renewal.
全身磨砂去角质，改善肌肤暗黄清除毛孔污垢油脂，
让肌肤重焕新生。

⌚ 30 Minutes | ¥280

Gentle Cleanse

温和柔嫩

Light body cleanse that soothes
and soften the skin.
针对于脆弱敏感肌肤，使用轻柔磨砂，舒缓和软化
肌肤去除老化角质。

⌚ 30 Minutes | ¥280

Radiant Glow

光彩照人

Invigorating body scrub that tighten skin.
焕发活力的磨砂，让肌肤更紧致。

⌚ 30 Minutes | ¥280

Body Conditioner

美体裹肤

Moisturizing Balm

滋养美肤

A softening and antiseptic treatment for the skin.
让肌肤更柔软，肌肤修护。

⌚ 30 Minutes | ¥380

Calming Toner

镇静舒缓

Cooling treatment for inflamed or sensitive skin.
针对于发炎肌肤或者敏感肌肤，温和缓解症状。

⌚ 30 Minutes | ¥380

Nourishing Treat

排毒净化

Anti-bacterial treatment for skin conditions.
去除身体杂质。

⌚ 30 Minutes | ¥380





Baths

悠心泡浴

Rejuvenating Soak

焕活泡浴

Vanilla, Geranium.
香草、天竺葵。

⌚ 30 Minutes | ¥380

Relaxing Bath

放松泡浴

Jasmine and Bergamot.
茉莉花和佛手柑。

⌚ 30 Minutes | ¥380

Please Take Care To Read This

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Price and Tax

All prices are nett. Please note that prices are subject to change without prior notice.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that guests may have. Guests will fully indemnify and hold harmless Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

敬请仔细阅读

礼仪

为了他人的考虑, 我们请来访者尽量减少噪音。儿童需在成年人的陪同下接受理疗项目, 其它情况下儿童不得进入水疗中心。我们要求您轻声细语, 尊重其他客人的隐私。请关闭手机和电子设备或其切换到静音模式。

登记

请在理疗预定时间提前15分钟到达, 以避免减少理疗时间。为公平的接待每一位客人, 延迟到达将缩短理疗时间。

贵重物品

我们建议在水疗中心不要佩戴珠宝。管理层和工作人员对带入水疗场所的任何形式的金钱或贵重物品的损失不承担任何责任。

吸烟和饮酒

水疗中心内禁止吸烟和饮酒。

价格和税收

以上所有价格均为净价。请注意, 价格可能会发生变化, 恕不另行通知。

取消政策

需要提前24小时通知取消, 以帮助我们根据可用时间段重新安排您的预约。任何提前4小时通知的取消将产生50%的取消费用。“不到场”将收取全额费用。

退款政策

理疗套餐不予退款。套餐中未使用的部分不可另行转让或更换。

礼券

给朋友或爱人一次放松的体验。礼券可供购买。请联系我们的水疗接待员了解更多详情。

免责声明

在水疗中心接受或使用的水疗护理、服务或设施仅用于一般目的, 不能替代顾客可能患有的任何疾病的专业医疗。客人将充分确保免除Spa、其控股公司、附属公司、子公司、代表、代理人、员工和供应商因水疗护理、服务或设施而产生的或与之相关的所有责任、索赔、费用、损害和损失, 包括法律费用(以赔偿为基础)。

A ceramic diffuser with a light beige upper half and a darker, textured lower half sits on a dark grey square base. A fine mist of white vapor rises from the top of the diffuser. To the right of the diffuser is a small potted plant with thick, green, pointed leaves, resting on a bed of light-colored pebbles in a dark brown pot. The background is a soft, out-of-focus white surface.

We Have
2Homes
Earth & Body
Let's Take
Care of Them
我们有两个家
地球 & 身体
一起关爱他们

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